

Specialist Management Solutions

Support for specialty care





Are you or a family member faced with an outpatient surgery or a specialty care procedure?

Specialist Management Solutions (SMS) is here to help provide ongoing support every step of the way. And it's available as part of your health plan benefits administered by UnitedHealthcare, at no additional cost.

For outpatient surgery or specialty care, such as women's health; gastrointestinal; ear, nose and throat; and orthopedics, an SMS Care Advocate can help:



Locate lower-cost care options



Schedule consults with a provider



Recommend other benefit programs



Offer support at every step

We're here for you

Call myHealth Connect at 1-877-214-2930 and ask about SMS.

Take note

To access coverage for select hip, knee and spine orthopedic surgeries, you must connect with an SMS Advocate or nurse who can help you find a designated provider and facility.

United Healthcare



